Navigating the Every Day Expedition.

Have you been feeling that you want to make significant changes in your life but don't know how to do it or where to go?

Please mark the box below if the following statement is true about YOU.

Do you
Want to feel less anxious & fearful about your life? Desire to be more content especially with your financial situation?
Want to feel empowered instead of "stuck"? Believe that you can really have what you desire?
Are you
In a job or relationship where you feel miserable and uncomfortable?
Hungry for something beyond what seems in your grasp right now?
Then you're ready for
MORE TO YOUR LIFE!

You are unique, so is the process.

When you meet Jim, you know instantly that he's been around & quite possibly, down your block. Jim's method is not derived just from books, classrooms or even the coaching skills acquired from the best training in the world; rather a blending of all these together, adding his own powerful life experiences & intuitive sense.

It's not just a job - it's a calling.
Jim has been preparing for this all his life,
leaving a successful career in the global market place
to found More To Your Life. This was a

to found More To Your Life. This was a natural step in the direction of realizing his true purpose to serve others.

Jim has mentored people from age 16 to 80, helping them to choose to bring about positive change in their life.

Get in touch with Jim to begin your journey with an experienced guide.

Jim@moretoyourlife.com (630) 841-0925

Certified Life & Fitness Coach, Wilderness Medical & Rescue Training



Discovering clarity of mind, body & spirit through EXTRODINARY ADVENTURES

Do you ever feel like we're surrounded by too much noise?

It's difficult to discover what we want & don't want in our lives when we are bombarded with the constant demands we place on ourselves.

The *More To Your Life Adventure Trips* offer another way to channel clarity so you can discover meaning & peace.

Some places are majestic, some are life changing.

There is great benefit to blazing a trail in nature's wonder, finding clearly marked signs for your life that will have an affect to last a lifetime. *More To Your Life Adventure Destinations* have been tried, true & tested. There are no surprises, leaving you free from all distractions.



Every detail is handled so you only need to leave the noise behind & pack your presence.

Offering both lodge & camp based kayaking trips.

EXAMPLE CAMPING/KAYAK ADVENTURE but greatly abbreviated:

Day 1 - Arrive Valdez. Accommodations at Best Western Inn.

Day 2 - Breakfast; Van sight seeing...Keystone Canyon, Horse Tail & Bridal Veil Falls, Thompson Pass, Chugach Moutains, Worthington Glacier Nat. Pk. Late lunch; briefing on our trip, pick up; pack gear.

Days 3-6 - Early breakfast; meet water taxi; load gear & kayaks for transportation to our jumping off point on Glacier Island. Next 4 days & 3 nights circumnavigate Glacier Island. Camp on beaches enjoying great meals prepared by guides. After traveling around Glacier Island, cross over to Heather Bay thru the ice fields of the Columbia Glacier.

Day 7 - YOU PICK: Hike Mineral Trail, rent a mountain bike, or more kayaking; fishing charters are available for salmon or halibut.

Day 8 - Early breakfast; Van trip to Copper Center for day of whitewater rafting & hiking on Klutina River. Return to Valdez in the PM.

Day 9 - Breakfast at your leisure. Day to visit unique shops & stores, Valdez Museum, etc.; flight to Anchorage.

Call Jim for details.



JIM ROBERTSON • LIFE COACH • CFT • WFR 630• 841•0925 JIM@MORETOYOURLIFE.COM WWW.MORETOYOURLIFE.COM